

ST. THOMAS SURGICAL CLINIC

DR. J. ANDRUCHOW, MD, FRCS(C) DR. A. BENNETT, MD, FRCS(C) DR. A. CHOW, MD, FRCS(C)
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#4, ST. JOSEPH STREET | ST. ALBERT, AB | T8N 0B5 PH. 780.459.6633 | FX. 780.459.6609

Please note this is a template for the flexible sigmoidoscopy. Please call the office for the date, time and location.

Referred by:

Date and Time:

Location:

Phone: (780) 459-6633

Please Note: A patient must arrive 1 hour prior to the appointment

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Instructions for Flexible Sigmoidoscopy:

You must have nothing to eat or drink for 8 hours prior to your sigmoidoscopy.

Please purchase 1 Fleet enema and use 1 hour before you plan to leave your house.

You are unable to drive after your procedure. You must have a ride to the hospital and a ride home. NO TAXI.

Please remove all nail polish from hands and feet before procedure

If you are on any blood thinners (Aspirin or Aspirin products {Ibuprofen, Advil, Motrin etc.} Plavix or Coumadin), you must stop taking this medication 7 days prior to your sigmoidoscopy.

If you are on ozempic, please stop taking it two week prior. Please make an appointment with your family doctor.

You must report to the admitting department at the Sturgeon Hospital 1 hour prior before your booked time.

Our phone number is 780-459-6633. If you have any questions or need to reschedule or cancel your procedure please call ASAP.