

ST. THOMAS SURGICAL CLINIC

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Bowel Surgery preparation instructions

1. You must follow a one day bowel prep prior to your surgery. The day before your surgery, must consume only clear fluids:

Tea or coffee with sugar NO CREAM OR MILK

Juices- apple, white grape, white cranberry juice

Jello

Water

Soft drinks - 7 up, ginger ale, sprite, coke

Soup broth only

You may suck on hard candy - do not chew

2. Please purchase the following items at a drugstore

1 bottle Golytely (2L Golytely)

3. Please drink all of your golytely in the morning of your bowel prep day (the day before your surgery)

4. Please take Neomycin and Metronidazole at 1 pm, 3 pm, and 8 pm the day before surgery.